

# University Hospitals Bristol NHS Foundation Trust

## Return to Practice Information and guidance

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Respecting everyone  
Embracing change  
Recognising success  
Working together  
**Our hospitals.**



## Programme

### Can I get help with study skills? Will I get support to do this?

*Returnees will be supported in identifying their study skills and in accessing the relevant level of support before they start the programme. All returnees will have access to online study skills resources and face to face support will be provided during the programme. The universities have libraries on campus with books, journals and online access is available from home. Students who have extra learning needs are also given support.*

### What is the content of the Return to Practice programme provided by UWE?

*The theoretical element of the Return to Practice programme is delivered by University of the West of England at either the Glenside or Gloucester campuses. The programme is taught over 6 days with additional blended learning days such as tutorials and seminars. It is expected that returnees attend all sessions.*

*Elements of the taught days are:*

- Professional and ethical practices*
- Patient safety*
- Quality care*
- Reflective practice*
- Changing face of health care provision*
- Resilience and personal action planning*
- Study skills*

*Successful completion of the Return to Practice programme included achieving the NMC competency standards in placement which will be assessed and your competency signed off by the sign off mentor, completion of a portfolio, a 2000 word reflective assignment and additional numeracy assessment*

## How many taught days will there be at University?

*6 taught days with additional blended learning days such as seminars and tutorials. There will be additional days for induction onto placement this will be provided by the employer.*

## What Return to Practice programmes are available?

*All employers that are supporting Return to Practice are available on the HESW website. ( <http://southwest.hee.nhs.uk/ourwork/return-to-practice/> ) you can contact the employer or go onto NHS jobs to apply for a Return to Practice place. You may also see Return to Practice placements advertised locally. Which University you attend will be dependant on where you secure your placements. If you secure a placement within our Trust you will attend University West of England.*





## Placement

The programme has the theory element front loaded and is flexible so that the returnee is able to work full or part time in their placement area.

The length of the programme will depend on the returnees experience and their length of time out of practice. It will also depend on the number of hours they are able to spend each week in their placement area, this allows for flexibility for both the organisation and returnee.

*The minimum length of the programme from the first day of the course to point of registration is 22 weeks. The maximum length of the programme from the first day of the course point registration is 45 weeks.*



The period of time for supervised clinical practice will be discussed and agreed at interview as this can depend upon the number of years that the returnee has been out of clinical practice, what employment history the returnee has, and whether they have been working as an assistant or support role within the a health care environment before application. A suggested guide for negotiating hours and days that needed to be assessed as competent and confident to return to practice has been informed by the guidance published by the Department of Health (DH, 2011).

Years out of practice	Guidance for hours for nurses	Guidance for hours for Health Visitors	Guidance for hours for nurses
5 - 10	Minimum practice hours required = 100 (maximum 200)	Minimum practice hours required = 150 (maximum 250)	450
11 - 20	Minimum practice hours required = 200 (maximum 300)	Minimum practice hours required = 300 (maximum 400)	450
> 20	Minimum practice hours required = 300 (maximum 400)	Minimum practice hours required = 450 (maximum 550)	450



## What mandatory training is covered by Return to Practice courses?

*We will carry out induction training which is 5 days. The university will support the placement organisation with the training provision if necessary. This training is on top of the practice placement hours that you will have to undertake.*

## Pay and Employment

If you are successful you will be offered a honorary contract within the Trust. An honorary contract holder is someone who is not directly employed and paid by the Trust.

You will receive a stipend funded through Health Education South West, 50% is paid near the start of the programme and 50% at the midpoint of the programme. Further information can be found on the Health Education England South West website.

## Process

### Who can apply?

Adult nurses, children's nurses, mental health nurses, midwives and learning disability nurses

### What do I need to do before applying?

As your NMC registration will have lapsed, you will need to provide evidence that you have been on the NMC register and that your registration has lapsed. The quickest way to obtain this information is to register with the NMC Online Service and print a copy of your lapsed registration status to bring to your interview. You will need to prepare for a numeracy test, you can practice for this by using SNAP, which is available on the Health Education South West Website ( <http://southwest.hee.nhs.uk/ourwork/return-to-practice/> )

**For any further information, please contact:**  
**[nursingrecruitment@uhbristol.nhs.uk](mailto:nursingrecruitment@uhbristol.nhs.uk)**